

**Aikido seminar  
with**

***Franck Noel***

*7 dan aikikai*

***Stockholm 5 till 7 september 2008***

**Place**

**Vanadis Aikido Klubb dojo**

**Västmannagatan 59. Metro stn. Odenplan**

**Preliminar schedule**

<b>Friday 5/9</b>	<b>19.30 – 21.30 including a short break</b>	
<b>Saturday 6/9</b>	<b>10.00 – 11.15</b>	<b>11.30 – 12.30</b>
	<b>15.30 – 16.30</b>	<b>16.35 – 17.35</b>
<b>Sunday 7/9</b>	<b>10.00 – 11.00</b>	<b>11.10 – 12.10</b>

**Prices**

**500 kr seminar complet , 150 kr class (friday 250:-)  
morning or afternoon classes 250:- as well.**

*Sleeping possible in dojo. (bring sleeping bag)*

**Arranged by Vanadis Aikido Klubb**

**Information: Jorma Lyly, 0739-986 251**

**Dojo : 08-308 299**

[www.vanadis-aikido.se](http://www.vanadis-aikido.se)

[jorma@vanadis-aikido.se](mailto:jorma@vanadis-aikido.se)